



TM

Center for Movement Education and Research
non-profit corp

LIABILITY RELEASE FORM

I, the undersigned, desire to participate in online classes provided by the Center for Movement Education & Research (“CMER”). I understand that all physical activity has inherent risks of injury to one’s personal property and/or body, foreseeable and unforeseeable, up to and including the potential of death. I voluntarily accept such inherent risks. In exchange for my being allowed to participate in such classes, I hereby agree to fully and completely release CMER and Judy Gantz (collectively, the “Released Parties”), and the owners, managers, officers, employees, agents, successors, licensees and assigns of the Released Parties from and against any and all claims, liabilities, demands, actions, causes of action, costs and expenses, whatsoever, at law or in equity, whether based in tort, contract, or any other body of law, known or unknown, anticipated or unanticipated, suspected or unsuspected, which I ever had, now have, or may, shall, or hereafter have by any reason, matter, cause or thing whatsoever, regardless of any negligence of the Released Parties, arising out of or relating to my participation in the Movement for Equanimity and CMER classes or any other programs, classes, instruction, or activities of any kind arising out of or relating to the Released Parties. I understand and agree that I am responsible for my personal safety and that the Released Parties shall have no liability for any of medical expenses or other damages should any physical of other injuries occur.

I acknowledge that I am familiar with Section 1542 of the Civil Code of the State of California, which provides as follows:

“A GENERAL RELEASE DOES NOT EXTEND TO CLAIMS THAT THE CREDITOR OR RELEASING PARTY DOES NOT KNOW OR SUSPECT TO EXIST IN HIS OR HER FAVOR AT THE TIME OF EXECUTING THE RELEASE AND THAT, IF KNOWN BY HIM OR HER, WOULD HAVE MATERIALLY AFFECTED HIS OR HER SETTLEMENT WITH THE DEBTOR OR RELEASED PARTY.”

I waive the application of the provisions of Section 1542 of the Civil Code of the State of California and any rights created thereunder.

This Liability Release sets forth the entire understanding of the parties and may not be altered except by written instrument signed by an officer of CMER.

Date: _____, 20____

Signature

Name (Please Print)

Address (Please Print)

City

State

Zip

Telephone

*E-Mail this completed form to: judy@cmer.info
Or mail to: CMER, PO Box 2001, Sebastopol CA 95473*